



**NO ONE DOES MORE FOR VETERANS.**

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## Illinois

*2021-2022 Series*  
**General Orders No. 5**  
*November 2021*

### **NATIONAL APPOINTMENTS**

Congratulations to the National Deputy Chief of Staff Appointees listed below:

Sean Conner, Post 10009, Tuscola, IL  
John De Groot, Post 1337, Mount Prospect, IL  
Kyna Simpson, Post 311, Richton Park, IL

Congratulations to the National Assistant Inspector General Appointees listed below:

Ronald Boomer, Post 99, Decatur, IL  
Clarence Caraker, Post 3455, Anna, IL  
Robert Sable, 454, Bloomington, IL

### **DEPARTMENT APPOINTMENTS**

Congratulations to the newly appointed Department Assistant Inspector:

Joseph Bartley, Post 10302, Springfield, IL

### **VETERAN OF THE MONTH**

Congratulations to Robert C. Rubel of Piatt County VFW Post 5346 on being selected as the November Veteran of the Month! Thank you to all who submitted nominations for this month, please continue to do so and for those that did not please look for those comrades from your post who stand apart from the rest by serving the community, Veterans and embodying the purposes of our congressional charter: to preserve and strengthen comradeship among its members; to assist worthy comrades; to perpetuate the memory and history of our dead; and to assist their widows and orphans; to maintain true allegiance to the Government of the United States of America, and fidelity to its Constitution and laws; to foster true

patriotism; to maintain and extend the institutions of American freedom, and to preserve and defend the United States from all her enemies.

### **SECTION 709-CONTROL OF UNITS**

**POST OFFICERS:** Please review Section 709, Control of Units, in the National By-Laws and Manual of Procedure in its entirety. You are not authorized to sell or transfer property, borrow against the assets of the VFW Post without the full knowledge and consent of the Post membership thirty (30) days prior to the sale, purchase, transfer or encumbrance. You must advise all members of the meeting where there will be a discussion of such action. You must notify Department Headquarters of the outcome of this meeting at which time the State Commander will either approve or disapprove the action. Only then will they authorize the Post to continue with the sale, purchase, transfer or encumbrance. You are reminded that you have a fiduciary responsibility in the position you have been elected to. Any deviations from said By-Laws will nullify the transaction and any officers violating these By-Laws will be subject to removal.

### **INTERNAL REVENUE SERVICE FORM 990**

The deadline for filing the Federal IRS Form 990 is November 15<sup>th</sup> and the IRS can levy a \$10.00 per day penalty for every day the 990 Form is late. The forms are available on the IRS's website at [www.irs.gov](http://www.irs.gov). It is the responsibility of the Post Commander and Quartermaster to make sure this form is prepared and submitted on time to the IRS. ***Please forward a copy of your completed 990 to this Headquarters.***

### **AG-990 STATE OF ILLINOIS**

Any Post that has applied for a Bingo License, Las Vegas Night License and Gaming License or a Pull Tab License will probably be receiving an AG-990 Form from the State of Illinois Attorney General's office for filing and if you have one of the above licenses, you are required to file this form unless your Post as received an exemption from the Attorney General's Office. ***Please forward a copy of your completed AG990 to this Headquarters.***

### **IRS FORM 990-T**

VFW Posts that have unrelated business income must file an IRS Form 990-T. The 990-T must be filed by November 15<sup>th</sup> of each year and this form is available on the IRS's website at [www.irs.gov](http://www.irs.gov). It is the responsibility of the Post Commander and Quartermaster to make sure this form is prepared and submitted on time to the IRS. ***Please forward a copy of your completed 990-T to this Headquarters.***

### **FEBRUARY COUNCIL OF ADMINISTRATION MEETING**

The February Council of Administration Meeting and 76<sup>th</sup> Annual Voice of Democracy Banquet will be held February 11-13, 2022 at the Crowne Plaza, 3000 S. Dirksen Pkwy., Springfield, Illinois 62703. To reserve a reservation for February, you may call the hotel directly at (217) 529-7777 and give them our group code: **VOD**. Or you may reserve a room online – go to our website at [www.vfwil.org](http://www.vfwil.org), click on the link for “**VOD and February Council Meeting Room Reservations**”.

### **VOICE OF DEMOCRACY BANQUET**

The State of Illinois VFW will be celebrating its 76<sup>th</sup> Annual Voice of Democracy Banquet on Saturday, February 12, 2022 at the Crowne Plaza in Springfield, IL. Tickets are available for \$35 per person. Tickets may be ordered online by making a donation at <http://vfwil.org/> – and allocating the funds to the *Voice of Democracy Banquet*. You may also call State Headquarters (217) 529-6688.

District Prime Tables will once again be available; they are to be ordered by and paid for by the District Commanders who will decide who will be seated at these tables. ***Reminder – these are tables of ten.***

### **POST RELIEF FUND**

Section 704 of the Manual of Procedure outlines the various things for which the Post Relief Fund can be used.

***(a) Aid, assistance, relief, and comfort of needy or disabled veterans or members of the Armed Forces and their dependents, and the surviving spouses and orphans of deceased veterans.***

*(b) Maintenance and expansion of the VFW National Home for Children and other facilities devoted exclusively to the benefit and welfare of the dependents, surviving spouses, and orphans of disabled, needy or deceased veterans or members of the Armed Forces.*

*(c) Necessary expenses in providing entertainment, care, and assistance to hospitalized veterans or members of the Armed Forces.*

*(d) Veterans rehabilitation, welfare and service work.*

*(e) To perpetuate the memory of deceased veterans and members of the Armed Forces, and to comfort their survivors.*

*(f) To foster true patriotism through historical and educational programs.*

Relief funds may be invested in approved securities but shall not be loaned to the Post or other units, or transferred from the relief fund in any manner or under any guise, except that relief funds may be transferred to the general fund for remission of dues of sick, needy or disabled members

***The Trustee Report of Audit MUST show a Relief Fund!***

### **V.F.W. POST INSURANCE INFORMATION**

All VFW Members in good standing receive up to \$1,000 of Accidental Death and Dismemberment Insurance protection, underwritten by Securian Life Insurance Company, at no-cost to the member. If a covered members' death results from an accident while travelling as a fare-paying passenger in a commercial vehicle, an additional VFW Travel Accident Benefit of \$1,500 will be payable, for a maximum total of up to \$2,500.

All benefits reduce to 50% at age 75 regardless of age at enrollment. Claims for accidents after August 1, 2018 should be reported to (877) 850-0183.

As a member you have exclusive access to many types of insurance policies sponsored by the V.F.W. The V.F.W. works hard to provide valuable products for its members for the best possible rates. Go to [www.vfwinsurance.com](http://www.vfwinsurance.com) to see what policies are offered.

## **FIDUCIARY RESPONSIBILITIES OF THE COMMANDER**

Your attention is drawn to Section 218 of the National By-Laws.

Among the duties of a Post Commander, the Commander shall:

- g. Assure that the office of the Quartermaster is bonded according to Section 703 of the By-Laws
- h. Assure that all dues and other monies due the National Headquarters and Department are forwarded promptly together with accurate reports and returns pertaining thereto.
- i. Assure that all reports are correctly prepared and promptly forwarded, that all the business of the Post is handled with dispatch and that all necessary licenses and permits are obtained for proper operation. Ensure that a properly completed Report of Election of Officers for the ensuing year is submitted to Department and National Headquarters by June 1.
- j. Assure that the Post Trustees have examined the books and records of the Post and prepared the Post Trustees Quarterly Report of Audit no later than the end of the month following the last day of each quarterly period.

## **RESPONSIBILITY OF TRUSTEES**

Each VFW Post shall have **three elected trustees** who will, at least monthly, review the Monthly Report of Receipts and Expenditures of the Post Quartermaster. Within thirty (30) days from the end of each quarter, they should properly audit the books and records of the Post Quartermaster and submit a Post Trustee's report of Audit to the Department Quartermaster for referral to the Department Inspector. Please see Sec. 218 of the National By-Laws and Manual of Procedure for complete information on the duties of Post Officers.

### **PLEASE NOTE:**

Before the Department Headquarters accepts an audit, it must be signed by the trustees. You may mail or fax the form to HQ, or you may scan the signed form and email it to HQ, at [vfwil@vfwil.org](mailto:vfwil@vfwil.org).

## **VETERANS DAY - NOVEMBER 11<sup>TH</sup>**

All V.F.W. Posts are urged to make plans to observe Veterans Day on Thursday, November 11<sup>th</sup>, 2021. *Patriotic Speeches can be found on National Headquarters' website at [www.vfw.org](http://www.vfw.org).*

## **COMMUNITY SERVICE GUIDELINES FOR REPORTING**

***When you are reporting on your activities, please remember*** - The money that should be reported are the dollars donated or expended in the performance of the community service hours reported, plus \$0.14 per mile for each mile driven by the volunteers. **Posts should not report any figure derived from the value of hours worked.**

## **POST COMMANDER & QUARTERMASTER AWARD**

Posts recruiting 5% of their prior membership (as recorded on Memstats as new and reinstated members), with a minimum of six members, by January 15, 2022 will receive a special award. The Post Commander and Quartermaster will receive a special embroidered State Commander's jacket. (Note: Partial numbers will be rounded up to the next whole number). Jacket size forms will be sent to qualifying Post Commanders and Quartermasters and these forms must be received at State Headquarters no later than February 15, 2022.

## **COVID-19 VACCINE CLINIC**

The IDPH will be hosting a Covid-19 vaccine clinic on Monday, November 1, 2021 from 10a.m. to 2p.m., at Department Headquarters for those interested that have not yet received a vaccine. The address is 3300 Constitution Drive, in Springfield. There is a flyer with more information on the end of these orders.

## **REMINDER**

***If you pay for poppies, tickets, bonds or program donations using a credit card via our State web page, don't forget to indicate what you are paying for and your Post Number.***

**ACTION CORPS WEEKLY NEWSLETTER**

All members with an active email address on file with National Headquarters has automatically been subscribed to the Action Corps Weekly newsletter. If you are not subscribed and would like to be-- directions to do so are as follows.

Go to [www.vfw.org](http://www.vfw.org).

Scroll to bottom of homepage where the black banner is. The word "Advocacy" will be in the banner in white lettering.

Click on "Grassroots Efforts" under Advocacy.

The next page that pops up is the VFW Action Corps Weekly page. There will be a link on that page to sign up via email.

**Happy Thanksgiving!**  
**From State Commander Bobby Welch, State Officers and Staff**

OFFICIAL:



W. DAVE STOUT  
State Adjutant-Quartermaster

BY ORDER OF:



ROBERT WELCH  
State Commander





State of Illinois  
Illinois Department of Public Health

# COVID-19 Protect Yourself

## Vaccine Clinic Scheduled

The State of Illinois is partnering with

### Veterans of Foreign Wars

to bring a free vaccine clinic to an area near you.

**Date: 11/01/2021 1<sup>st</sup> Dose**

**11/29/2021 2<sup>nd</sup> Dose**

**Time: 10:00 A.M. to 2:00 P.M.**

### WHO'S ELIGIBLE?

The Pfizer-BioNTech vaccine is authorized and recommended for persons 12 years of age and older.

### HOW DO I SIGN UP?

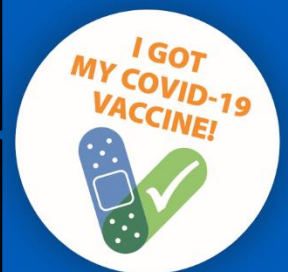
Schedule your appointment at

## Walk-ins Welcome

### LOCATIONS:

VFW State of Illinois

3300 Constitution Dr,  
Springfield IL 62711



Can't make this event? Find a clinic near you by visiting [coronavirus.illinois.gov](https://coronavirus.illinois.gov)

**Hotline: 1-833-621-1284**



*Questions about COVID-19?*  
Call 1-800-889-3931 or email [dph.sick@illinois.gov](mailto:dph.sick@illinois.gov)  
Illinois Department of Public Health - [www.dph.illinois.gov](http://www.dph.illinois.gov)





Illinois

## November Program Information

### **Scouting/ Assistant Youth Activities**

**Ron Milton, Chairman**

**Email: [usafret1@att.net](mailto:usafret1@att.net)**

Last month I had the privilege of being the community leader representative for a BSA Venturing Board of Review for a Scout going for his Summitt Award. This was also a good opportunity to promote the VFW Scout of the Year Program. As a member of the community and keeping in contact with your scouting units you can offer your assistance to be apart of Eagle Scout Boards of Review. These young men and women are excited to share views and experiences to the board members. And as always, it's a good opportunity to promote the VFW's youth programs. The Scout of the Year deadlines are fast approaching, and we should be getting the word out for the program.

### **Youth Activities**

**Robert McLeod, Chairman**

**Email: [rock76@yahoo.com](mailto:rock76@yahoo.com)**

**(708) 363-7462**

By now the students entries should be into the Posts for judging. Post Chairmen, go over all of the entries and ensure that everything is correct (dot the "I's" and cross the "T's" as they say). If you have not yet selected your judges, I would recommend an odd number of judges. You can find the judging sheet on the national website for the judges. Once you have completed the judging and have selected the students that the post is advancing forward to the district level, double check everything before sending them forward. Remember for every 15 students that enter, 1 can be forwarded to the district level. Good luck and if you have any questions, please call me.

**“The best way to predict the future is to create it.” Abraham Lincoln**

**Voice of Democracy Program**

**Dave Darte, Chairman**

**Email: [ddarte@yahoo.com](mailto:ddarte@yahoo.com)**

I hope that all Post VOD Chairmen have received many entries into this year's program. Please conduct your Post judging at your earliest convenience and then advance your winning entry(s) to your District VOD Chairman. Remember, Posts may advance one entry for up to 15 students participating in the contest. An additional entry can be submitted for each additional 15 students participating. The number of schools participating has no bearing on the number of students that can be advanced. It is strictly based on numbers (1 for each 15 participating.) Post and District Chairmen need to coordinate a deadline for entries to District. District Chairmen are advised that December 20<sup>th</sup> is the deadline for submissions to Department but sooner would be VERY MUCH APPRECIATED! Comrades, please submit student entries with all required materials electronically at all levels of competition. This is the easiest, most secure and expedient way to conduct the program. [Fillable Entry forms](#) and [Student Introductory Questionnaires](#) are available on the [VFWIL website](#) under Resources and then, scroll to Reports and Forms. These fillable forms eliminate legibility problems. Student pictures can be taken with a good quality cell phone and be emailed easily. Questions? Please consult the [Commanders Leadership Manual](#), available at vfwil under Resources. Don't hesitate to call or email me, if I can assist. My contact information is in the Commanders Leadership Manual under [VOD](#).

**Blood Donor Program**

**Robert McLeod, Chairman**

**Email: [rock76@yahoo.com](mailto:rock76@yahoo.com)**

**(708) 363-7462**

Looking over the X sheets to see how the Department is doing with getting pints of blood. There is the good news story and the bad news story.

Bad news first – there are Districts and Posts that have yet to give a pint of blood. The time is now to give a pint blood.

Good news – we have Districts that are coming close to having every Post giving a pint of blood. There are Posts out there that are putting up some large numbers of pints of blood. A good job to those Posts and Districts, keep up the good work

As we go through these times that we are in, we need to remember that a pint of blood can mean the difference between life and death. Let's get out there and donate a pint of blood.

**“If we never try, we shall never succeed”**

**Abraham Lincoln**

Department Surgeon  
Eugene Blackwell  
Email: eugene.blackwell@comcast.net

**SITUATION:**

Asthma is a long-term disease of the lungs. It causes your airways to get inflamed and narrow, and it makes it hard to breathe.

Asthma is a serious disease that affects about 25 million Americans and causes nearly 1.6 million emergency room visits every year.

**MISSION:** To educate and minimize the risk factors associated with Asthma.

**EXECUTION:**

Asthma is marked by inflammation of the bronchial tubes, with extra sticky secretions inside the tubes. People with asthma have symptoms when the airways tighten, inflame, or fill with mucus.

There are three major signs of asthma: (1) Airway blockage. When you breathe as usual, the bands of muscle around your airways are relaxed, and air moves freely.

But when you have asthma, the muscles tighten. It's harder for air to pass through.

(2) Inflammation. Asthma causes red, swollen bronchial tubes in your lungs. This inflammation can damage your lungs. Treating this is key to managing asthma in the long run. (3) Airway irritability. People with asthma have sensitive airways that tend to overreact and narrow when they encounter even slight triggers.

Symptoms presents as: Coughing, especially at night or in the morning; wheezing, a whistling sound when you breathe; Shortness of breath; tightness, pain, or pressure in your chest; trouble sleeping because of breathing problems. Not every person with asthma has the same symptoms in the same way. You may not have all these symptoms, or you may have different symptoms at different times. Your

symptoms may also vary from one asthma attack to the next, being mild during one and severe during another. Some people with asthma may go for long periods without having any symptoms. Others might have problems every day. In addition, some people may have asthma only during exercise or with viral infections like colds. Mild asthma attacks are generally more common. Usually, the airways open within a few minutes to a few hours. Severe attacks are less common but last longer and require medical help right away. It is important to recognize and treat even mild asthma symptoms to help you prevent severe episodes and keep asthma under better control.

### **SERVICE AND SUPPORT:**

Medication will probably be key to getting your asthma under control, but you can do some things at home to help like avoid asthma triggers; exercise regularly; stay at a healthy weight; take care of conditions that can trigger symptoms, such as GERD; do breathing exercises to ease symptoms so you need less medication; some people use complementary treatments such as yoga, acupuncture, biofeedback, or supplements like vitamin C and ding chuan tang. Talk to your doctor before trying any of these. Also, talk to your doctor about vaccines to lower your chances of certain conditions. You might get vaccinations for COVID-19, flu, pneumonia, shingles, or whooping cough (pertussis).

#### Types of Asthma medications

Category	Purpose	Types
Long-term asthma control medications	Taken regularly to control chronic symptoms and prevent asthma attacks — the most important type of treatment for most people with asthma	*Inhaled corticosteroids *Leukotriene modifiers *Long-acting beta agonists (LABAs) *Theophylline *Combination inhalers that contain both a corticosteroid and a LABA (see examples below)
Quick-relief medications (rescue medications)	Taken as needed for rapid, short-term relief of symptoms — used to prevent or treat an asthma attack	*Short-acting beta agonists such as albuterol *Ipratropium (Atrovent) *Oral and intravenous corticosteroids (for serious asthma attacks) (see examples below)
Medications for allergy-induced asthma	Taken regularly or as needed to reduce your body's sensitivity to a particular allergy-causing substance (allergen)	*Allergy shots (immunotherapy) *Allergy medications
Biologics	Taken with control medications to stop underlying biological responses causing inflammation in the lungs — used to better manage severe asthma symptoms	*Omalizumab (Xolair) *Mepolizumab (Nucala) *Benralizumab (Fasenra) *Reslizumab (Cinqair)

Examples of inhaled corticosteroids include Fluticasone (Flovent HFA); Budesonide (Pulmicort Flexhaler); Mometasone (Asmanex Twisthaler); Beclomethasone (Qvar RediHaler) and Ciclesonide (Alvesco)

Examples of Leukotriene modifiers include Montelukast (Singulair); Zafirlukast (Accolate); and Zileuton (Zyflo)

Examples of Long-acting beta agonists (LABAs) is salmeterol (Serevent)

Examples of combination inhalers which is a corticosteroids and long-acting beta agonists include Fluticasone and salmeterol (Advair Diskus); Budesonide and formoterol (Symbicort); Mometasone and formoterol (Dulera); and Fluticasone and vilanterol (Breo)

Examples of quick-relief medications include Albuterol (ProAir HFA, Ventolin HFA, others) and Levalbuterol (Xopenex HFA)

Examples of oral corticosteroids for serious asthma attacks include Prednisone and Methylprednisolone

**COMMAND AND SIGNAL:** VFW Department of Illinois, 3300 Constitution Drive, P.O. Box 13206, Springfield, IL 62791-3206. Telephone: (217) 529-6688; email at [vfwil@vfwil.org](mailto:vfwil@vfwil.org).

#### **VA expands offering of COVID-19 booster vaccines**

**WASHINGTON** — The Department of Veterans Affairs is now offering Moderna and Johnson & Johnson (J&J)/Janssen COVID-19 vaccine booster shots under Emergency Use Authorization, expanding on last month's authorization of the Pfizer-BioNTech booster.

This decision follows this week's Food and Drug Administration's authorization and Centers for Disease Control and Prevention's recommendation for a booster dose using the Moderna or J&J vaccines.

"Booster shots are an important step forward in the fight against COVID-19," said VA Secretary Denis McDonough. "With the authorization of additional COVID-19 vaccine booster options, VA is helping more Veterans maximize their protection, continuing our work to keep people safe and save lives during the COVID-19 pandemic."

VA will follow CDC guidance in offering COVID-19 booster shots:

For individuals who completed a Pfizer-BioNTech or Moderna COVID-19 vaccine series, the following groups are eligible for a booster shot at least 6 months after their second dose:

- 65 years and older.
- Age 18+ who live in [long-term care settings](#).
- Age 18+ who have [underlying medical conditions](#).
- Age 18+ who work or live in [high-risk settings](#).

People 18 years and older are eligible to receive a COVID-19 booster shot at least 2 months after their initial J&J vaccine.

Eligible individuals may choose which vaccine they receive as a booster dose. Some people may have a preference for the vaccine type that they originally received and others, may prefer to get a different booster. CDC's recommendations now allow for this type of mix and match dosing for booster shots.

The safety and care of Veterans is VA's top priority, as well as ensuring the health and welfare of its workforce. Many sites in VA are open for walk-ins during hours when vaccine clinics are operational, and where booster vaccines are available. Booster shots are being offered to Veterans receiving care at VA and employees. VA is also offering the booster to Veterans, their spouses, caregivers and CHAMPVA recipients under the authority of the [SAVE LIVES Act](#), as supply and capacity permits. The Save Lives Act which was signed into law in March 2021 expanded [VA's authority to offer vaccine](#) to include Veterans [not traditionally eligible for VHA care](#), and others including spouses and caregivers of Veterans.

CDC advises that people can get both the COVID-19 vaccine and flu vaccine at the same time. Veterans receiving care at VA who wish to get a booster shot can get both shots together during the same visit.

Veterans who would like additional information can visit the [VA COVID-19 vaccines](#) webpage, visit their [local facility's website](#) or contact their care team. Visit [VA's Questions webpage](#) for questions and answers regarding COVID-19 vaccine.

National Home Program  
November 2021  
Mike McGrath  
Program Director  
630 - 357 2680  
Email: [mackcav1@sbcglobal.net](mailto:mackcav1@sbcglobal.net)

Paul Zinck  
Assistant Program Director

**\*\* VETERANS DAY 2021 \*\***

As Veterans Day approaches we are reminded how important it is to help our fellow veterans and one way we can do so is through the VFW National Home's Military and Veteran Family Helpline, (800) 313-4200

This is a free service that offers information, creates connections and can give hope to struggling Military and Veterans' families. It can also serve as the first step to living in the National Home for up to four years. Could this help someone you know?

**\*\* ACTIVITY AND CONTRIBUTIONS \*\***

As our Program year moves forward please remember to keep up to date with the X-sheet. our donations have been good but in some cases we are not filling out the X-sheets. As a reminder, a minimum of \$50 is required for program credit, so please don't overlook this.

**\*\* LIFE MEMBERSHIPS \*\***

National Home life memberships with pin are available for \$50 and what a great way to recognize your hardworking officers and members!

**\*\* THANK YOU ALL.\*\***

Thank you all for all you do and let's all work together for our Department and our Commander and have a great year!

**"MISSION FIRST AND VETERANS ALWAYS."!**



## VFW 2021-2022 Community Activities, Dept. of IL

<u>District</u>	<u>Commander</u>	<u>Posts Reported</u>	<u>District</u>	<u>Community Activities Chairman</u>
3	Richard Luemen	2	15%	Israel Becerra
4	Stephen MacInnes	6	46%	Richard Wojewnik
5	Dwane Lungren	10	56%	Daniel Pearson
6	Ruben Hernandez	7	41%	Gary Holmes
7	Adam Lau	6	30%	Robert Sable
8	Arthur Munos	4	25%	Mark W. Sowers
9	Christopher Rush	6	32%	
10	Anthony Bellin	6	38%	Joseph H. Bartley
11	Rick Hobbs	12	92%	
12	Dustin Dixon	8	47%	
13	Christopher Hatcher	5	42%	Elmer McDuffee
14	Ronald Milton	16	94%	Terry Grime
15	William Hatfield	1	8%	Gary Fravel
16	Fred Cagle	3	27%	
17	Sean Conner	9	64%	Dan R. Swaner
18	Todd Latham	7	58%	Alejandro Gutierrez
19	Robert Bailey	19	79%	George R. Cramer

Total Posts
265

X-Sheet Data  
29-10-21

Department Percentage
<b>48%</b>

◆ Assistant State Chairman

Compiled by  
Chuck Ingle